

GSBYRA OPTI CLASS SAILING INSTRUCTIONS Labor Day Regatta

Bellport Bay Yacht Club

Sept. 4th, 5th and 6th, 2004

GSBYRA OPTIMIST CLASS SAILING INSTRUCTIONS

1. Organization and Rules

The regatta will be organized by the Great South Bay Yacht Racing Association (GSBYRA) and Bellport Bay Yacht Club.

1.1 The regatta will be governed by the current Racing Rules of Sailing. If there is any conflict between these Sailing Instructions and the Notice of Race, these Sailing Instructions will take precedence. The USODA Green Fleet Policy will apply. Competitors shall not discharge rubbish into the water. While afloat, trash may be deposited on support boats and Committee Boats.

1.2 The ISAF Interpretations of Rule 42, propulsion (April 14, 2003 version) will apply.

2 Eligibility

2.1 Sailors shall be members of any GSBYRA club. Sailors shall have been born after Jan 1, 1989.

3 Changes to Sailing Instructions – Notices to Competitors

3.1 Any changes to the SI and other notices to competitors will be posted on the official notice board, located at yacht club, no later than thirty minutes prior to the harbour start and/or given orally at the skippers meeting on the day it will take effect.

4 Race Schedule – Format of the Regatta

4.1 On each day of racing there will be a mandatory competitors' meeting where the schedule for the day will be present.

4.2 First start will be about 1000

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4.4 Racing will continue after lunch and be completed about 1600 on Saturday, 1200 on Sunday and 1400 on Monday, with awards to follow.

5 Racing Area

5.1 The racing area is situated on the waters of Bellport Bay.

6 Course

- 6.1 The courses will be triangle, windward/leeward. Modified Olympic or as discussed at the daily competitors' meeting.
- 6.2 The size of the course shall be large enough so the first boat will finish in about 50 minutes.
- 6.3 A boat finishing more than 15 min. after the first boat may be scored DNF, or the Race Committee may choose to designate finishes, if practicable. This changes rule 35.

7 Course marks

7.1 The course marks are yellow.

8 The Start

- 8.1 The races will be started by using rule 26 with the warning signal given 5 minutes before the starting signal.
- 8.2 The starting line will be a line between a staff displaying an orange flag on the Committee Boat at the starboard end of the line and a mark at the port end of the line.
- 8.3 Failure of the Race Committee to identify boats on the course side at or before the start shall not be grounds for granting redress.

9 The Finish

9.1 The finish line will be a line between a staff displaying an orange flag on the Committee Boat at the starboard end of the line and a mark at the port end of the line.

10 Protests and requests for redress

10.1 When protesting, a sailor shall display a red protest flag and say the word "protest" immediately after the incident. After finishing, the protest shall be reported to the Race Committee.

11 Scoring

11.1 The Low Point scoring system of Appendix A will apply.

The series will consist of up to 15 races, of which 1 shall be completed to constitute a series. Each boat's total score for the Championship will be the sum of her scores for all races excluding her two worst scores when 11 or more races have been completed or excluding her worst score when 6 or more but less than 11 races have been completed.

12 Safety (inspection recommended)

12.1 Adequate personal buoyancy shall be worn at all times while afloat. Wet suits and dry suits do not constitute adequate personal buoyancy. If the buoyancy device is of an inflatable type, it shall be inflated at all times while afloat. This changes RRS 40.

12.2 A boat that retires from a race shall notify the race committee or safety boat as soon as possible.

12.3 Each competitor shall carry a whistle attached to his clothing. A loop shall be tied to the end of the bowline.

13 Support boats

13.1 The USODA Green Fleet policy applies.

13.2 Coaching of green fleet skippers while racing is permitted, however coaching shall be limited to skippers in the bottom half of the fleet in any given race.

13.3 Coach boats shall neither create wakes nor otherwise interfere with competitors. Coaches shall provide fair and consistent support to all competitors, not just their team or sailor. Violation of this instruction may result in any penalty that the jury deems appropriate, up to, and including the disqualification of the coached skipper from the regatta.

14 Liability

14.1 Participants compete entirely at their own risk and responsibility.

14.2 The Organizing Authority and any other party involved in the organizing of the regatta, accept no liability whatsoever for any injury, damage, loss or claim, whether personal or material, incurred by or inflicted to participants before, during or after the regatta. Competitors must carry property and liability insurance covering all risks.

15 Prizes

15.1 There will be awards for the top three places in the Red, Blue, White, & Overall divisions in the championship fleet. There will be participation awards for all Green Fleet sailors.

16 Additional information

Green Fleet is designed as an introductory level of Optimist racing and all are participating at an elementary level of expertise, many for the very first time. Therefore, every effort will be made to ensure that this event is: FUN! On and off the water. (If it's fun... they will want to keep doing it). A learning as opposed to a competitive based experience. Not to say that competition isn't a part of it, but it will not be allowed to overshadow the more positive intrinsic aspects that this level of sailor craves, FUN and LEARNING. Skippers, (parents and coaches), desiring more than the above level of racing may be better served by participation in one of the more competitive, age appropriate Opti fleets.

Safety:

All competitors must have proper safety equipment including: correct size life jacket with whistle attached by a lanyard / 28' bow line free of knots (but 6" bowline in end), adequately secured to the mast step and led through a bow loop / mast tie down system (not just a clamp) / 3 good airbags / adequate bailer (2 are highly recommended, not "Clorox" type bottles) / boom bridle within 10cm of boom /

Expectations:

Sailors (parents and coaches) should expect the Green Fleet to de-emphasize (but not exclude) competitiveness and to accentuate the FUN and learning aspects. This will include group games, clinics and coaching as well as the racing.

The Class recommends the use of these Sailing Instructions for all GSBYRA Opti events. Furthermore these Sailing Instructions will be used for all GSBYRA Opti qualifying events for year-end scoring.